Final Programme
Tuesday, 29 Aug

18:00 - 19:30  Opening Ceremony
19:30 - 21:00  Welcome Reception
Wednesday, 30 Aug

9:00 - 10:30 Parallel sessions

Screening and prevention
Chair: Pio Enrico Ricci Bitti
Room: Aula A

9:00 Effectiveness of interventions to increase colorectal cancer screening: a systematic review, meta-analysis and meta-regression
Anastasia Tsipa

9:15 State of the art and setting priorities for fetal alcohol spectrum disorder(s) prevention and management
Sylvia Roozen

9:30 Electronic screen use and trajectories of depression: an accelerated longitudinal study of Australian adolescents
Stephen Houghton

9:45 Reciprocity priming and organ donation
Ronan O’Carroll

10:00 Testing the validity of an integrated resilience model in predicting mental well-being in adolescents
Anastasios Bastounis

10:15 Behavioural risks for mortality of ischemic heart disease in longitudinal study
Antanas Goštautas

Occupational health and workability – recruitment, motivation and behavior change
Chair: Sonia Lippke
Room: Aula B

9:00 Does psychological screening at recruitment predict future health status in law enforcement officers?
Don Byrne

9:15 Commissioning for compassion: the perceptions of healthcare commissioners about commissioning for positive staff experience
Karen Deeny

9:30 What role does self-esteem play between job insecurity and life satisfaction?
Tijana Radulovic

9:45 What motivates individuals with temporary disability pension to return to work?
Sonia Lippke

10:00 Development of a behaviour change intervention for preventing stress-related ill health among new registered nurses
Elin Frögéli

10:15 Exploring perceptions of the effect of psychosocial hazards on workers’ mental health
Zsuzsanna Kerekes

Symposium: Broadening our approaches to health behavior change: taking context into account
Chair: Traci Mann
Room: Aula C

9:00 Concordance in partners’ health behaviours around a diabetes diagnosis: results from the Lifelines Cohort Study
Rachel Burns

9:15 A dyadic approach to the Theory of Planned Behaviour: examining parent and teenager eating behaviours
Keven Joyal-Desmarais
9:30 Small group discussion / workshop
Chloe Huelsnitz

9:45 An examination of the mechanisms by which an acute exercise session influences subsequent eating behavior
Mary Panos

10:00 “But it makes me feel better!” Sacrificing dietary health goals for emotional comfort
Heather Scherschel

10:15 Small group discussion / workshop
Lisa Auster-Gussman

**Early Career Researcher Symposium: Understanding the uptake, acceptability and use of digital behaviour change interventions**
Chair: Laura König
Room: Aula D

9:00 Augmenting fruit and vegetable consumption by an online intervention: psychological mechanisms
Jan Keller

9:15 Who is willing to use mHealth apps? A stage model approach
Laura König

9:30 Reducing the patient interval for breast cancer: developing a digital intervention using the person-based approach
Emma M. Carr

9:45 Digital interventions to manage hypertension: general practitioners perspectives
Eimear Morrissey

10:00 Developing an operational definition and a self-report measure of engagement with e-/mHealth interventions: critical reflections
Olga Perski

10:15 Discussion
Felix Naughton

**Symposium: Novel approaches to evidence synthesis**
Chair: Claus Vögele
Room: Aula E

9:00 Constructing a behaviour change ontology for extracting and synthesising evidence in the Human Behaviour-Change Project
Marie Johnston

9:15 Accounting for variability in control groups and reporting quality in systematic reviews of behavioural trials
Marijn de Bruin

9:30 Understanding the contribution of intervention components: a network meta-analysis approach to psychological preparation for surgery
Rachael Powell

9:45 Identification of effective combinations of behavior change techniques using meta-CART
Xinru Li

10:00 Systematic reviews of systematic reviews: communicating personalized disease risk to change behaviour as an exemplar
David French

10:15 Discussion
Molly Byrne

**Mechanisms and adherence in interventions for patients with chronic disease**
Chair: Amy Wachholtz
Room: Aula F

9:00 Bench to bedside: comorbid pain and opioid addiction psycho-physiological data to develop novel psychotherapy interventions
Amy Wachholtz
9:45 I can see clearly now: developing an active visualisation device for ART in South Africa
Annie Jones

10:00 Motivation to participate in parenting interventions: a Q methodology study among parents with adolescents
Krista van Mourik

10:15 Psychological interventions for patients with Parkinson’s disease: a systematic meta-review
Hanna Kampling

Prospective studies of self – regulation processes
Chair: Susanne Brandstetter
Room: Aula G

9:00 Change in psychological distress in oesophageal cancer carers and associations with changes in illness perceptions
Martin Dempster

9:15 Cardiac patient and spouse illness representations as mediators in the relationship between affect and well-being
Evangelos Karademas

9:30 Vestibular schwannoma surgery: personality facets, illness perceptions and coping strategies influencing long term postural recovery
Laurence Ribeyre

9:45 Self-control, socioeconomic status, physical activity and weight changes in a 7-year population-based study
Ari Haukkala

10:00 Beliefs about medicines and medication adherence: a prospective study in persons with chronic lung disease
Susanne Brandstetter

10:15 Medication adherence for resistant hypertension: treatment-related beliefs, experiential feedback, and habit strength
Hannah Durand

Individual differences in psychological coping style: effects on health behaviours and intervention outcomes
Chair: Michael Mantzios
Room: Aula I

9:00 Depressive symptoms in cancer patients and healthy controls: differences and similarities
Loek van der Donk

9:15 Mindfulness and colouring books: a randomised control investigation on state anxiety and mindfulness
Michail Mantzios

9:30 Having less: the induction of a scarcity mindset and its effect on snack consumption
Sofie van Rongen

9:45 Does listening to music support coping with induced stress? An RCT
Jenny Groarke

10:00 Coping style, social support and sexual distress in infertility: a path analysis
Shahnaz Safavi

10:30 - 11:00 Coffee break

11:00 - 12:30 Parallel sessions

Eating habits in children and adolescents
Chair: Emely de Vet
Room: Aula A

11:00 Healthy and restrictive eating as mediators between appearance evaluations and BMI reduction in healthy adolescents
Karolina Zarychta

11:15 Associations between preschool children’s temperament and vegetable and sugar-rich food intake
Riiikka Kaukonen
11:30 Fussy eating in school-aged children: a mixed-method study
Hazel Wolstenholme

11:45 Exposure to tempting foods as an intervention strategy to improve delay of gratification in children
Emely de Vet

12:00 Longer meal duration increases healthy eating in children. An experimental study
Mattea Dallacker

12:15 Happy meals are healthy meals: Family mealtime practices and their relation to child nutritional health
Jutta Mata

**Coping and adjustment in chronic illness**
Chair: Trudie Chalder
Room: Aula B

11:00 The stress effect and the role of psychosocial factors in multiple sclerosis: a prospective study
Laia Briones-Buixassa

11:15 The challenge to balance: how dialysis patients manage fatigue
Wieke van der Borg

11:30 Health-related quality of life and self-efficacy among patients with cardiovascular diseases: a meta-analysis
Anna Banik

11:45 Changes in SAH are associated with initial and change levels of affect among cardiac patients
Shira Peleg

12:00 Relationship between HIV / AIDS and depressive symptomatology: analysis of individual, health and social predictors
Ângela Maia

12:15 Depression predicts hospitalization in patients with coexisting diabetes and end-stage renal disease: a prospective study
Konstadina Griva

**Symposium: Innovative ideas in physical activity and walking research targeting older adults**
Chair: Nanna Notthoff
Room: Aula C

11:00 Walking while talking – a special kind of walking
Florian Metzger

11:15 Putting their best foot forward: walking is positively associated with social activities of homecare clients
Nanna Notthoff

11:30 The meaning of walking and gait training in nursing facilities in Germany
Vjenka Garms-Homolová

11:45 Pushing the boundaries: intervention effects on indoor life-space utilization in nursing home residents
Carl-Philipp Jansen

12:00 Discussion
David French

12:15 Audience engagement
David French & Nanna Notthoff

**Symposium: e-Pain: technology-based innovations for the study of pain**
Chair: Edmund Keogh
Room: Aula D

11:00 Translating in pain research into patient care: evidence, challenges and opportunities
Brian McGuire

11:15 iCanCope™: User-centered design approach to develop integrated smartphone and web-based pain self-management programme for adolescents
Jennifer Stinson
11:30  Clinical effectiveness of an internet-delivered Acceptance and Commitment Therapy (ACT) intervention for chronic pain
   Siobhan O'Higgins

11:45  Will WebMap, an on-line intervention for children with chronic pain, translate into the Irish context?
   Jonathan Egan

12:00  Video
   iCANCOP eHealth Intervention

12:15  Discussion
   Edmond Keogh

Symposium: Women’s health in socio-cultural context
Chair: Karen Morgan
Room: Aula E

11:00  Designed for dissemination: stakeholder engagement in a genomic risk communication intervention in breast cancer survivors
   Anita Kinney

11:15  Fear of childbirth: cross-validation and comparison between two cultures
   Heidi Preis

11:30  The role of dispositional and situated optimism in psychological adjustment to high-risk pregnancy
   Yael Benyamini

11:45  Becoming a mother through egg donation: women’s reflections in on-line discussion forums in Bulgaria
   Irina Todorova

12:00  Biofeedback and serious game system for pelvic floor muscle training in women with urinary incontinence
   Adriana Baban

12:15  Discussion
   Karen Morgan

Symposium: New developments in approach bias modification across clinical disorders and health behaviours
Chair: Reinout Wiers
Room: Aula F

11:00  Is approach bias modification a useful tool in smoking cessation?
   Reinout Wiers

11:15  The effect of approach bias modification on cue-reactivity in individuals with cannabis use disorder (CUD)
   Brian Sherman

11:30  Approach bias modification in bulimic eating disorders
   Timo Brockmeyer

11:45  The effect of approach bias modification on healthy food consumption
   Naomi Kakoschke

12:00  Effect of retraining approach-avoidance tendencies on an exercise task: a randomized controlled trial
   Boris Cheval

12:15  Discussion
   Reinout Wiers

Improving health care service delivery
Chair: Noleen McCorry
Room: Aula G

11:00  Suicide risk assessment in emergency departments: a mixed-methods study of clinician practices in Scotland
   Kirstie McClatchey

11:15  Quality indicators in palliative care day services
   Noleen McCorry
Do intervention components target key barriers? Review and synthesis of interventions to increase diabetic-retinopathy screening attendance
Fabiana Lorencatto

11:45
Does categorization of suicide risk affect patient outcomes? A study of emergency department presentations
Joanna Bhaskaran

12:00
Effectiveness of a training course (RESPECT) on attitudes about causes/management of aggression in Northern Uganda
Ana Coneo

12:15
Let’s play about children’s hospitalization and surgery
Sara Fernandes

Risk communication
Chair: Anne Marie Plass
Room: Aula I

11:00
Lived experience of French professionals practising genetic testing in oncology, a qualitative study
Myriam Pannard

11:15
Speed of ageing – a new approach to risk perception?
Josianne Kollmann

11:30
Effects of claims and warnings on the risk perception of a novel heat-not-burn tobacco product
Christelle Chrea

11:45
The impact of (un)certainty information and source expertise on risk perception and vaccination decision making
Fraukje Mevissen

12:00
Emotional intelligence and communication skills: preliminary results of a training in a rehabilitation team
Marinella Sommaruga

12:15
The role of ‘heart age’ and infographics in helping people understand cardiovascular disease risk
Olga Damman

12:30 - 14:00
Break session

12:30 - 14:00
EHPS discussion forum

14:00 - 15:30
Parallel sessions

Caregiving and relationships in health
Chair: Mariët Hagedoorn
Room: Aula A

14:00
Psychosocial support in liver transplantation. A dyadic study with patients and their family caregivers
Lorenza Entilli

14:15
Daily partner responses have divergent effects on cancer patient’s fatigue interference and relationship satisfaction
Fabiola Müller

14:30
Prioritising the patient: a qualitative study exploring the impact of dialysis on dyadic relationships
Currie Moore

14:45
Supporting physical activity in adults with learning disabilities: exploring care-givers’ attitudes. Beliefs and motivation
Anne Haase

15:00
PTSD among cardiac patients and their caregivers
Noa Vilchinsky

15:15
Does dyadic coping predict couple’s postpartum quality of life? Exploring longitudinal actor and partner effects
Stephanie Alves

Interventions
Chair: Frank Eves
Room: Aula B
14:00 Changing environments to change behaviour: development of TIPPME (Typology of Interventions in Proximal Physical Micro-Environments)  
Gareth J Hollands

14:15 Participation in alcohol abstinence challenges can lead to improvements in general well-being  
Richard de Visser

14:30 Prevention Network Ortenaukreis – establishing a communal network of health promotion for children and families  
Laura Kassel

14:45 Impact of sit-stand desks at work on energy expenditure and sedentary time: a feasibility study  
Eleni Mantzari

15:00 Stair climbing interventions at work; more than 700,000 reasons for caution  
Frank Eves

14:00 Symposium: StrokeCog Study: modelling and modifying stroke-related cognitive impairment through innovative application of health psychology principles  
Chair: Frank Doyle  
Room: Aula C

14:00 Post-stroke cognitive impairment: a systematic review of disease progression models  
Eithne Sexton

14:15 Addressing post-stroke cognitive impairment through innovative application of health psychology principles  
Anne Hickey

14:30 Acute care utilisation patterns post-stroke: an analysis from Ireland  
Nora-Ann Donnelly

14:45 Perspectives of healthcare professionals involved in providing stroke care on impact of post-stroke cognitive impairment  
Niamh A. Merriman

15:00 Cognitive function and outcomes post-stroke: a five-year follow-up of the ASPIRE-S cohort  
Daniela Rohde

15:15 Discussion  
Marie Johnston

14:00 Methods for building better behavior change interventions  
Chair: Gertraud Stadler  
Room: Aula D

14:00 A taxonomy of modes of delivery of behaviour change interventions: development and evaluation  
Rachel Carey

14:15 Development of population and setting taxonomies: advancing our understanding of behaviour change interventions  
Marta Marques

14:30 Beyond BCTs and published materials: reliability coding of behaviours and application methods within smoking cessation  
A. Jess Williams

14:45 Can we rely on published reports of control group support? Review of smoking cessation trials  
Neza Javornik

15:00 Introducing the Numbers Needed for Change (NNC): an effect size that connects research to practice  
Stefan Gruijters

15:15 The Experience Room: studying food consumption in a more ecologically valid lab setting  
Jorinde Spook (Herman Schaalma Award winner)

14:00 Symposium: Occupational stress and job strain  
Chair: Renato Pisanti  
Room: Aula E

14:00 The mediating role of self efficacy beliefs in the job demands-resources model  
Renato Pisanti
14:15 Patterns of job-related affect and their relation with burnout syndrome: cross-sectional and longitudinal studies
Beata Basinska
14:30 Bullying at work: a test of the work environment hypothesis
Margot van der Doef
14:45 The Farmers Stressors Inventory. Antecedents of burnout and depression among farmers
Didier Truchot
15:00 Discussion
Cristiano Violani
15:15 Discussion
Annalisa Casini

Exercise
Chair: Benjamin Gardner
Room: Aula F
14:00 A theory-based approach to identify the critical beliefs underlying university recreational sports participation
Tom St Quinton
14:15 The importance of plan enactment for physical activity
Stefanie Gomez Quiñonez
14:30 Psychosocial predictors of running adherence and maintenance among participants of Dutch running clinics
Kirsten Verkooijen
14:45 Theory of Planned Behaviour over an exercise program in adults with and without chronic disease
Kimberley McFadden
15:00 Examining relationships of self-efficacy, performance attainments, and outcome achievement over a 1 year exercise program
Anne-Marie Selzler
15:15 The invisibility of sitting: mental representations of sedentary behaviour
Benjamin Gardner

Roundtable: Training healthcare professionals in novel health psychology strategies and tools
Chair: Wendy Lawrence, Kate Hamilton-West
Room: Aula G
14:00 Training in (self-)management of long-term conditions and disabilities
Kate Hamilton-West, Sarah Hotham
14:20 PACT - Physiotherapy informed by Acceptance and Commitment Therapy
Emma Godfrey
14:35 ACTiveRehab: Development of a taxonomy of patients’ pain acceptance to inform triage, pre-assessment & tailoring of ACT-based rehabilitation
Graciela Rovner
14:55 ‘Healthy Conversation Skills’ to support health behaviour change
Wendy Lawrence
15:15 Facilitated discussion & debate on useful boundaries for sharing psychological expertise with non-psychologists
Wendy Lawrence

Health Care Provider (HCP) - Patient communication
Chair: Gozde Ozakinci
Room: Aula I
14:00 Quality of doctor-patient communication in cardiovascular diseases and secondary preventive adherence: the role of gender
Barbara Bucki
14:15 Intuitive tailoring in medical consultations: how perceived patient characteristics influence physicians’ communication  
Tessa Dekkers

14:30 Student midwives’ perceived facilitators and barriers to discussing weight management with obese pregnant women  
Julie McLellan

14:45 A conversation analytic study examining how general practitioners tailor lifestyle advice in primary care consultations  
Kathrina Connabeer

15:00 “If you’ve never been through it, you can’t understand” An IPA exploration of prosthetist-patient communication  
Clare Uytman

15:30 - 17:00 Interactive posters & coffee

Health Apps
Chair: Martin Hagger

An evidence-based alcohol-reduction smartphone app: development and evaluation  
Susan Michie

‘Precious’, N-of-1 smartphone trial for physical activity with biofeedback and digitalised elements from motivational interviewing  
Johanna Nurmi

All in the game? Gamification and behaviour change in the self-management of chronic illness  
Kate Perry

Improving medication adherence of patients with familial hypercholesterolemia through an eHealth application  
Corline Brouwers

CAATCH: the development and evaluation of a suicide-prevention mobile app  
John Bogue

mHealth technologies to improve hearing aid use and benefit in first-time hearing aid users  
Neil Coulson

TiredofCancer app: an evidence based mHealth solution for cancer related fatigue  
Robbert Sanderman

Clinicians’ usages patterns and criteria for recommending health apps  
Madalina Sucala

mHealth education and support
Chair: Anna-Carlotta Zarski

Going tender: developing location-based communication technology to improve healthy food decisions  
Jorinde Spook  (Herman Schaalma Award winner)

Does a personalised mHealth intervention improve health-behaviour in cancer survivors? A pilot RCT  
Jenny Groarke

Necessity is the mother of invention: web-based patient education in orthopaedics  
Tessa Dekkers

Can web-based interventions help improve well-being in type 2 diabetes? A systematic review and meta-analysis  
Michelle Hadjiconstantinou

Internet-based guided self-help for genito-pelvic pain/penetration disorder: preliminary results of a randomised controlled trial  
Anna-Carlotta Zarski

Stress, health, well-being and demand for innovative, mobile internet-based health promotion in distance-learning students  
Jennifer Apolinario-Hagen
Individual differences and health: the gender perspective
Chair: Urte Scholz

Gender differences in skin picking behaviour and relations to health in a German community sample
Julian Vöhringer

Food conveying masculinities: how conformity to hegemonic masculinity norms’ conformity influences food consumption
Lúcia Campos

Gender differences in reasons alcoholics drink - through AA member interviews
Junko Ono

The relationship between personality traits and alcohol consumption in the general population of Latvia
Jelena Kolesnikova

Relationships between quality of life and emotional personality traits: roles of gender and aging
Olga Razumnikova

Health perceptions in younger people and health professionals
Chair: Jonathan Egan

The effect of impulsivity and anger expression on health risk and protective behavior of adolescents
Monika Csibi

Illness representation of dementia in professionals of nursing homes
Adrián de Paz

Perceptions of dementia amongst adolescents
Sahdia Parveen

Psychological need satisfaction, gaming motives, and Internet gaming disorder
Anise M.S. Wu

Stressful events perception and coping strategies among internal medicine and surgical nurses
Zrinka Pukljak Iričanin

Psychological processes and outcomes
Chair: Heidi Preis

Psychological resources in adjustment to disability among mobility impaired people: a systematic literature review
Laura Alčiauskaitė

Social support and self-esteem in multiple sclerosis. Can mastery mediate the association between them?
Pavol Mikula

Should caffeine be considered in addiction prevention? - Caffeine as a threat to (psychological) health
Wolfgang Beiglböck

Changes in cognitive functions and self-rated health of patients with stroke during hospital rehabilitation
Ina Valeckienė

A healthy mind in a healthy body: the Association between suicide and chronic illness
Joanna Bhaskaran

Self-efficacy is associated with experienced fatigue after myocardial infarction
Ulla Fredriksson-Larsson

Bidirectional relationships between stress communication and psychological distress in couples during the transition to parenthood
Stephanie Alves

Interventions for patients with cancer or irritable bowel syndrome
Chair: Laura Porter

A meta-analytic approach of mechanisms of change in CBT interventions for Irritable Bowel Syndrome
Madalina Radu

Efficacy of MBCT in improving the cognitive emotion regulation strategies of women with lung cancer
Amineh Sadat Kazemi
Effectiveness of an Emotional Competences intervention program for cancer patient in remission
Marie-Mai Nguyen

Caregiver-guided pain management for patients with advanced cancer
Laura Porter

A mixed methods evaluation of the HOPE Programme© for cancer survivors
Andy Turner

Health behaviours in later life
Chair: Olga Strizhitskaya

Predictive value of childhood and adulthood socioeconomic position on physical activity
Boris Cheval

Objectively-measured sedentary behavior and physical activity with depression in older adults: an isotemporal substitution analysis
Akitomo Yasunaga

Healthy lifestyle habits and quality of life in aging: comparing bigger and smaller cities
Olga Strizhitskaya

Adherence to treatment recommendations and emotional status: older adults with and without diabetic foot complications
Talma Kushnir

Older patients’ satisfaction and length of visit in primary care – what influences this?
Marta Rzadkiewicz

The relationship between aerobic load and personality traits in seniors with different physical activity experience
Kristine Sneidere

Social support and caregiving in the illness context
Chair: Noa Vilchinsky

The mediating role of coping in relationship between social support and quality of life
Ameneh Ghotbi

Critical illness and care in the intensive care unit: the experiences of next-of-kin
Susanne Brandstetter

Suicidal ideation and its relationship with obstructive sleep apnea severity, sleep-related problems and social support
Vladimira Timkova

Emotional, social and behavioral problems of children aged 10-17 living in out-of-home care in Russia
Olga Kolpakova

Partner support: a key component for coping with anxiety and postpartum posttraumatic stress symptoms
Nelly Goutaudier

Psychological and psychophysiological characteristics of a mother as prognosticating factors of the child’s health
Elena Nikolaeva

Serious illness and chronic conditions in childhood and adolescence
Chair: Olivier Luminet

Life engagement: a predictive variable of quality of life in adolescents survivors of cancer?
Manon Florquin

PTSD symptoms in mothers and survivors of childhood cancer
Elisa Kern de Castro

Postural orthostatic tachycardia syndrome (POTS) and disordered eating in adolescents
Kendra Homan

Psychologists’ perception of adolescents with serious illnesses and their transition to the adult healthcare system
Marco Bonanno
Assessment and support for children with dual diagnosis of Down Syndrome and Autism Spectrum Disorder
Anne-Emmanuelle Krieger

Neurocognitive functioning of paediatric patients with postural orthostatic tachycardia syndrome (POTS)
Michele Tsai Owens

The impact of socioeconomic and income inequalities on adolescent gambling behaviors
Mariagrazia Monaci

Health-related behaviours across the lifespan
Chair: Adriana Baban

Frequency of alcohol use by youth: is perceived parental control an important predictor?
Nataša Dernovšček Hafner

Drinking behavior of pregnant women and mothers of infant in Japan
Mana Asada

Energy drinks consumers—who they are? The profile of adolescents reporting regular energy drinks consumption
Jana Holubcikova

Excessive internet use in youth subcultures: effect of family factors
Daniela Bobakova

Factors linked to tobacco smoking and alcohol drinking of juveniles
Anna Janovska

Body image and health complaints among adolescents: does the form of weight reduction behaviour matter?
Zuzana Dankulincova Veselka

Exploring active ingredients in early-life health professional-delivered interventions to prevent childhood obesity: a systematic review
Marita Hennessy

Positive psychology interventions to improve well-being

The effect of motivation and perceived intervention efficacy for positive outcomes of wellbeing interventions
Frida Skarin

How positive psychology can invest health psychology by “méthode target”?
Martine Regourd Laizeau

Gratitude induction and death anxiety reconsidered
Akio Honda

Sens et motif© An art-therapy device for a best quality of life
Marie Lelievre

Effects of mindfulness therapy on the perception and descriptions of daily experiences among depressed individuals
Natalia Rohnka

Effects of mentally subtracting positive events on emotions in Japanese college students
Kenji Hatori

Testing the effectiveness of a brief mindfulness intervention for intensive internet users
Cristina Quinones

Quality of life and well-being after disease
Chair: Teresa Gavaruzzi

Quality of life in patients with malignant diseases
Melita Rukavina

Women with family cancer history are at risk for poorer physical quality of life
Izabela Pawlowska

Development of a comprehensive psychosocial model to predict quality of life of Breast cancer patients
Hadi Zamanian

The mental health of patients with Hereditary Angioedema (HAE)
Pippa Adams
Factors influencing the well-being of adult Atopic Dermatitis patients
Naoko Kamba

A cognitive Predicting model of quality of life among adolescent survivors of childhood cancer
Hedieh Majidi Tehrani

Patients with mild polyposis coli: long term quality of life after surgery vs. endoscopy
Teresa Gavaruzzi

Predictors of healthy and (un)healthy behaviors
Chair: Irina Todorova

The influence of trait-anxiety and outcome expectancies on tobacco consumption
Anna Maria Annoni

Binge drinking and associated risk behaviors amongst youth in three ethnic groups in Malaysia
Sangeeta Singh

Understanding oral health behaviour – psychological predictors of systematic toothbrushing behaviour
Stefanie Ebel

Using video observation to understand oral hygiene behaviour – how do 18-year-olds brush their teeth?
Ulrike Weik

Benefits of social non-drinking identified by British university students: a mixed methods study
Dominic Conroy

Underlying cognitions for behaviors in the illness context
Chair: Konstadina Griva

Determinants of antibiotic prescribing for URTIs among emergency department physicians: a qualitative analysis
Muhammad Alif Ibrahim

What are the obstacles and aids to participation in colorectal cancer screening? A qualitative study
Alice Le Bonniec

Does stress management behaviour model based on HAPA predict Japanese high school students’ stress response?
Yasuo Shimizu

What do fibromyalgia women believe about walking behaviour? Evidence based tools for intervention
Sofía Ivorra

An integrated approach towards behavior-change: the influence of implicit and explicit cognitions on red-meat consumption
Carolin Muschalik

Prevention and interventions in health psychology
Chair: Evangelos Karademas

The role of behavioural science in combatting antimicrobial resistance
Annegret Schneider

Mechanisms of action in group interventions study: framework for designing and delivering group-based health interventions
Mark Tarrant

Developing an evidence-based pilot infant feeding behaviours intervention for childhood obesity in primary care
Karen Matvienko-Sikar

Intervention mapping as an approach to program selection and cultural adaptation: stress in child rearing
Krista van Mounik

Effectiveness of goal framing and individual versus collective appeals in promoting flu vaccination acceptability
Marcela Penta

Growth mindset intervention among French students, and its articulation with proactive coping strategies
Sacha Parada
Screening, prevention and donation
Chair: Yael Benyamini

Psychosocial and sociodemographic factors influencing colorectal cancer screening uptake: a qualitative analysis
Anastasia Tsipa

Which social representations about cancer related to HPV infection and HPV vaccine from teenagers?
Charlotte Bauquier

Barriers and facilitators to HPV vaccination in greek youth population
Vassiliki Siafaka

The brakes and levers to HPV vaccination
Aurélie Gauchet

Factors influencing the consent towards biobank donation
Natalia Antonova

Physical and mental health promotion
Chair: Jenny McSharry

Difficulties in emotion regulation of novice male traffic offenders
Kristina Žardeckaitė-Matulaitienė

Chemsex: definition and healthcare access matter
Anastasia Benarbia

The relationship between technology use, anxiety and depression: findings from a Romanian sample
Raluca Tomsa

Understanding the suicidal trajectories in Luxembourg: implementation of a study using psychological autopsies
Barbara Bucki

Do students and professionals of psychology differ in stigmatizing attitudes towards mentally ill?
Kristina Žardeckaitė-Matulaitienė

Ten year trends in suicidality, bullying, and gun carrying among U.S. Latino youth
Andrea Romero

Interventions in health services research

An epistemic tool for facilitation of person-centered relationships in cardiovascular care
Evgeny Taratukhin

Adaptation of a questionnaire assessing factors related to type 2 diabetes advice by healthcare professionals
Marta Marques

Motivation and decision-making in referrals to lifestyle interventions by primary care general practitioners
Adrie Bouma

Facilitating and inhibiting thematic constructions of Hospital at Home care (HaH) for COPD patients
Lorelle Dismore

Theory-based interventions in the healthcare-associated infections field: an integrative review
Konstantinos Tsattalios

Personalized medicine in radiotherapy: practitioners’ perception
Manon Britel

Investigating a community intervention to promote quality of life and help-seeking for potential cancer symptoms
Suzanne Skevington

Exploring experiences of people using khat and the health care professionals supporting them to quit
Suhana Begum

Gender, Sexuality and Health
Chair: Iain Williamson
How the gender-related personalities relate their attitude and knowledge about LGBT and their gender identity
Makiko Kasai

A mixed-methods evaluation of a health intervention for British black and ethnic minority gay men
Iain Williamson

Exploring narratives of erectile dysfunction
Radomír Masaryk

Shifting masculinities amongst men diagnosed with breast cancer: a multi-method phenomenological inquiry
Iain Williamson

Representations of infertility as reflected in on-line discussion forums in Romania
Ingrid Ghise

Gender and family income role in coping with academic difficulties. Romanian adolescent’s perspective
Daniela Muntele Hendres

Women’s cancer screening: individual differences, norms, and mechanisms in two cultures
Celia Naivar Sen

Job stress and burnout
Chair: Margot van der Doef

Association between workaholism and perceived health
Tijana Radulovic

Job burnout and empathy in physicians and nurses
Ewa Wilczyk-Rużycka

Burnout in mental health care professionals: does culture, profession and self-stigma of seeking help matter?
Aukse Endriulaitytene

How does secondary traumatic stress and burnout syndrome differ among nursing professionals?
Patricia Dalagasperina

Mediation role of teacher burnout for depression. Relationships with efficacy beliefs, job satisfaction, school climate
Vincenza Capone

A comprehensive assessment of the Person-environment fit dimensions and their relationships with work-related outcomes
Margot van der Doef

Innovative assessment tools in health psychology
Chair: John Reidy

Measuring health behaviours with electronic healthcare data: the case of medication adherence
Alexandra Dima

Health-related quality of life evaluation through formal psychological assessment
Francesca Serra

How to measure smoking cessation; is there consensus? A Delphi study
Kei Long Cheung

Usability and validity of visual research methodology to identify social cues related to eating
Sanne Raghoebar

Exploring Multiple Sclerosis carers’ experiences of participating in a ‘Photovoice Study’ using a framework approach
Gogem Topcu

An illustration of meta-analytic structural equation modeling in health psychology
Ivan Jacob Pesigan

What are the benefits of network analysis in health psychology? The example of post-stroke depression
Camille Vansmaeys

A psychometric evaluation of the Life Essentials Assessment Framework (LEAF-7)
John Reidy
17:00 - 18:00  Keynote Lecture
Social Cognitive Mechanisms regulating doping intention and use: research and intervention
Professor Fabio Lucidi, Sapienza University of Rome, Italy
Chair: Claudio Gentili
**Thursday, 31 Aug**

**9:00 - 10:30**  
Parallel sessions

**mHealth for understanding and changing behaviour**  
Chair: Falko Sniehotta  
Room: Aula A

9:00  
Positive and negative emotions’ effects on food preferences: evidence from an online experimental study  
*Diana Taut*

9:15  
A visual analysis of the behavioural signature of eating: the case of breakfast  
*Karoline Villinger*

9:30  
ImpulsePal: a smartphone app-based intervention to help people manage impulsive in-the-moment eating  
*Samantha van Beurden*

9:45  
Pulling smartphones. An app-based approach-avoidance task  
*Hilmar G. Zech*

10:00  
Effectiveness of a digital intervention for weight loss maintenance in obese adults: the NULevel RCT  
*Falko Sniehotta*

10:15  
Better ask than tell: addressees’ response to mHealth interrogative reminders  
*Efrat Neter*

**Obesity and weight management in children**  
Chair: David Hevey  
Room: Aula B

9:00  
Protective factors, not only risk factors for child obesity among low socio-economic populations  
*Varda Soskolne*

9:15  
Parental perceptions of their obese child’s weight status and health-related quality of life  
*Laura Cutler*

9:30  
Capturing complexity: a network approach to understanding child and parent causal attributions in childhood obesity  
*David Hevey*

9:45  
Interaction between parenting and childcare practices: mesosystem influences on children’s energy balance-related behaviour and overweight  
*Jessica Gubbels*

10:00  
Preadolescent eating disorder risk longitudinally predicts later psychological symptoms, weight-gain and lower activity in girls  
*Elizabeth Evans*

10:15  
Preadolescent boys’ investment in masculine gender norms and their use of body change strategies  
*Marita McCabe*

**Symposium: The replication crisis in (health) psychology: reflections and solutions**  
Chair: Rik Crutzen  
Room: Aula C

9:00  
A pre-registered multi-lab replication of ego-depletion: implications for the replication “crisis” and health psychology  
*Martin S. Hagger*

9:15  
How to achieve replicability: illustrations and guidelines at the hand of effect size sampling distributions  
*Gjalt-Jorn Ygram Peters*
Thursday, 31 Aug

9:30 Disentangling replicable mechanisms of complex interventions: what to expect and how to avoid fooling ourselves? 
Matti Heino

9:45 Targeting next generations to change the common practice of underpowered research 
Rik Crutzen

10:00 Discussion 
Marie Johnston

--- Symposium: Colorectal cancer screening: innovation in understanding screening behaviour, developing interventions and disseminating research results 
Chair: Katie Robb 
Room: Aula D

9:00 Improving colorectal screening uptake: lessons from higher uptake of breast and cervical screening using mixed-methods 
Katie Robb

9:15 Using screening practitioners as navigators in the Bowel Scope Screening Programme: a feasibility study 
Lesley McGregor

9:30 Using patients’ narratives to promote colorectal cancer screening: a review and an experimental investigation 
Teresa Gavaruzzi

9:45 Gender differences in acceptance for colorectal cancer screening: pain as the explanation 
Benedicte Kirkøen

10:00 Involving future users in developing colorectal cancer screening interventions: a case study 
Marie Kotzur

10:15 Discussion 
Ronan O’Carroll

--- Symposium: Dyadic regulation processes to promote health and well-being in romantic couples 
Chair: Corina Berli, Janina Lüscher 
Room: Aula E

9:00 Physical activity-specific support provision and self-efficacy in couples: inter-relations over time 
Diana Hilda Hohl

9:15 Companionship in dual-smoker couples’ everyday life 
Janina Lüscher

9:30 Couples coping with the transition to retirement: interpersonal emotion regulation and wellbeing in daily life 
Andrea B. Horn

9:45 Goal disengagement in health behavior change: examining affective and behavioral consequences within romantic couples 
Corina Berli

10:00 Long-term findings from a dyadic planning intervention with couples motivated to increase physical activity 
Nina Knoll

10:15 Discussion 
Gertraud Stadler

--- Symposium: Applications of health psychology for investigating fatigue: clinical and non-clinical perspectives 
Chair: Daniel Powell 
Room: Aula F

9:00 Fatigue in health professionals: does hard work wear you out? 
Derek Johnston

9:15 Stress differentially affects fatigue in women with depression or somatic symptom disorder 
Johanna M. Doerr
9:30 Cancer-related fatigue and functional impairment – towards an understanding of cognitive and behavioural factors
Trudie Chalder

9:45 Feasibility and pilot testing of an online intervention for post-treatment cancer survivors
AnnMarie Groarke

10:00 *Finding your feet*: the development of a self-management treatment for fatigue in paediatric multiple sclerosis
Susan Carroll

10:15 Discussion
Daniel Powell

Lifestyle and self-management intervention in chronic disease
Chair: Silke Schmidt
Room: Aula G

9:00 The effects of a multidisciplinary lifestyle-enhancing treatment for severe mentally ill inpatients (MULTI-study)
Jeroen Deenik

9:15 Preliminary results from feasibility trial of a workbook intervention to support return-to-work for cancer survivors
Lauren Schumacher

9:30 Systematic meta-review of self-management support for people with type 2 diabetes
Gemma Pearce

9:45 Comparing two approaches to outcome measurement of an online self-management programme for people with epilepsy
Wendy Clyne

10:00 Impact of a generic transition-oriented patient education program on adolescents’ patient-reported outcomes
Silke Schmidt

10:15 HCP-led interventions targeting medication adherence following acute coronary syndrome: systematic review and meta-analysis
Jacob Crawshaw

Novel approaches in self-regulation
Chair: Simone Dohle
Room: Aula I

9:00 How effective is a short CSM-based online intervention on intended flu prevention behaviour?
Christel Salewski

9:15 The impact of implicit theories on health attitudes
Simone Dohle

9:30 Determinants of weight loss maintenance: a systematic literature review
Maartje van Stralen

9:45 Self-regulation and the embodiment of hunger
Meike Rosemeyer

10:00 Illness perceptions in adult congenital heart disease: a multi-center international study
Jessica Rassart

10:15 Goal adjustment capacities and health: a meta-analysis
Meaghan Barlow

10:30 - 11:00 Coffee break

11:00 - 12:30 Parallel sessions

Interventions to change eating behavior
Chair: Eva Kemps
Room: Aula A

11:00 Can attentional bias modification inoculate people to withstand exposure to food advertising?
Eva Kemps
11:15 Reducing sugar use in coffee with mindfulness: a painless way to cut calories
Richie Lenne

11:30 Investigation of naturalistic food cravings: a two-week online diary study
Sophie Schumacher

11:45 To eat or not to eat: following the subtly communicated norm
Sanne Raghoebard

12:00 SMS intervention for reducing processed meat consumption: anticipated regret and self-monitoring
Daniela Caso

12:15 Increasing healthy eating behaviours among HP students and in their trainees: a self-regulation training
Cristiano Violani

Well-being in the presence of adversity
Chair: Suzanne Skevington
Room: Aula B

11:00 Understanding cultural resilience to the threat of climate change through quality of life analysis
Suzanne Skevington

11:15 The positive health and wellbeing of low income British men
Mike Jestico

11:30 Physical activity, subjective health, and emotions: patterns in rehabilitation patients up to 8 years
Shu Ling Tan

11:45 Predicting model of quality of life in breast cancer: spiritual well-being, body image and coping
Behnaz Joudifar

12:00 Effects of emotional competences on esogastic cancer patients’ quality of life and distress after surgery
Anne-Sophie Baudry

12:15 The association between frequency of laughter and socioeconomic status after the Great East Japan Earthquake
Mayumi Hirosaki

Job demand and resources – theory and model testing
Chair: Anne Kouvonen
Room: Aula C

11:00 Applying the Job-Demand-Resources Model in a student population: testing the interaction between resources and demands
Johanna Frisch

11:15 Changes in psychosocial and physical working conditions and subsequent psychotropic medication
Anne Kouvonen

11:30 Relationships between the number- and impact of negative life events, burnout an perceived organizational support
Angela Koolmees

11:45 Psychosocial factors, psychological wellbeing, sleep quality and burnout levels in health and social professionals
Maria José Esposito

Symposium: New directions in individual difference research in dermatological care: putting the patient’s needs first
Chair: Andrew Thompson, Kerry Montgomery
Room: Aula D

11:00 A mixed methods survey of social anxiety, anxiety, depression, and wig use in alopecia
Andrew Thompson

11:15 The role of skin picking and dysmorphic concerns for impaired mental health accompanying skin conditions
Jennifer Schmidt

11:30 Identifying medication belief groups in psoriasis: a latent profile analysis
Rachael Thorneloe
11:45  Mindfulness based cognitive therapy: effectiveness and mechanisms of action in people with visible skin conditions  
Kerry Montgomery

12:00  Activity: Alopecia UK Film  
Kerry Montgomery

12:15  Discussion  
Andrew Thompson

Symposium: Innovative ideas in online computer-tailoring  
Chair: Eline Smit  
Room: Aula E

11:00  Online computer-tailoring. Past, present & future  
Eline Smit (Early Career Award winner)

11:15  Is an online computer-tailoring program for practice nurses effective in improving their smoking cessation counseling?  
Dennis de Ruijter

11:30  Smokers’ engagement with a context-tailored cessation smartphone app: real-time engagement, context effects and disengagement profile  
Felix Naughton

11:45  I must not! Identifying the most autonomy-supportive message frame for online computer-tailored health communication  
Maria Altendorf

12:00  Can one size fit all? Tailoring the mode of information presentation of health information online  
Hao Nguyen

12:15  Discussion  
Ciska Hoving

Sex and smoking  
Chair: Karlijn Massar  
Room: Aula F

11:00  Harnessing salutogenesis to improve sexual health in men-who-have-sex-with-men: an empirical, assets based study  
Jamie Frankis

11:15  Exploring emotional competency among men who have sex with men  
Dimitra Strongylou

11:30  Determinants of adolescent sexual harassment behavior: do adolescents intend to reject or stop sexual harassment?  
Gaby de Lijster

11:45  Male body dissatisfaction and relationship quality: the mediating role of sexual self-consciousness  
Karlijn Massar

12:00  Conflicts about smoking and its consequences for smokers with a non-smoking partner  
Anne Buitenhuis

12:15  “A smoker among smokers”: the importance of social norms and group identification in smoking behavior  
Sabina Pereira

Roundtable: Complex research designs in health psychology: chance or challenge?  
Chair: Urte Scholz, Aleksandra Luszczynska  
Room: Aula G

11:00  Introduction  
Aleksandra Luszczynska

11:05  Input  
Gertraud Stadler

11:10  Input  
David French
11:15  Input  
Urte Scholz (Fellowship Award winner)

11:20  Input  
Gerjo Kok

11:25  Input  
Nina Knoll

11:30  Discussion

**Behaviour change theory and interventions in implementation research**
Chair: Lucie Byrne-Davis  Room: Aula I

11:00  Theory use in process evaluations alongside randomised trials targeting healthcare professional behaviour change: systematic review
Stephen McIntyre

11:15  Changing behaviour 'more or less': do interventions include different BCTs for increasing and decreasing behaviours?
Andrea Patey

11:30  Implementing health psychology to strengthen health systems in low income countries: the change exchange
Lucie Byrne-Davis

11:45  Goal-setting in DAFNE: content and fidelity of the goal-setting component in a diabetes educational-programme
Milou Fredrix

12:00  Review, development and manualisation of a family weight management programme, using Behaviour Change Taxonomy V.1
Lou Atkinson

12:15  Assessing the implementation of a new Enhanced Recovery Pathway in three hospitals
Astrid Coxon

12:30 - 14:00  Break session

12:30 - 14:00  EHPS members meeting

14:00 - 15:30  Parallel sessions

**Ethnicity, religion, stigma and health**  Chair: Sahdia Parveen  Room: Aula A

14:00  Understanding alcohol consumption in student participants of the night time economy: a three-wave longitudinal study
Mark Tarrant

14:15  Religious perceptions of alcohol consumption and drinking behaviours among religious and non-religious individuals
Laian Z. Najjar

14:30  Keeping HIV/Aids a secret: a coping strategy to deal with the burden of stigmatization
Filipa Teixeira

14:45  Social Capital, infertility stigma and quality of life in infertile women: a SEM model
Zahra Masoodian

15:00  Stigmatization and psychological distress (anxiety, stress, depressive symptoms) among Iranian breast cancer patients
Mohannadali Amini

**Symposium: Developing and evaluating interventions to promote physical activity: issues in special settings and populations**  Chair: Lisa Marie Warner  Room: Aula C
14:00 Modifiable psychosocial constructs associated with physical activity participation in people with Multiple Sclerosis: a meta-analysis
Blathin Casey

14:15 Enablers and barriers to physical activity in pregnancy: drawing on the TDF and COM-B model
Caragh Flannery

14:30 The acceptability of reducing sedentary behaviour to older adults: a qualitative study
Laura McGowan

14:45 Self-regulation in physical activity interventions for older adults: what makes action planning (in)effective?
Lisa Marie Warner

15:00 The EuroFIT project: promoting physical activity and reduced sedentary time in elite football clubs
Pedro J. Teixeira

15:15 Discussion
Molly Byrne

**Stress and coping within the family**
Chair: Maria Nicoleta Turliuc
Room: Aula D

14:00 The relations between parental stress and family resilience. A model of mediation
Maria Nicoleta Turliuc

14:15 Addressing parent distress during paediatric medical procedures
Erin Brown

14:30 Siblings of chronically ill and/or disabled persons - a look at stress and resources
Melanie Jagla

14:45 Impact of perceived versus actual similarity in coping with stress on relationship functioning
Julia Eggermann

15:00 Predicting quality of life of children with cancer by parent's personality and coping
Seyedeh Ayda Mousavi Moghadam

15:15 Predicting quality of life of mothers of autistic children: a structural equation model
Hadi Zamanian

**Symposium: In control of pain: a cognitive-affective analysis**
Chair: Dimitri Van Ryckeghem, Geert Crombez
Room: Aula E

14:00 Attention and pain: a narrative review
Geert Crombez

14:15 Incremental dual-task paradigm to investigate pain attenuation by task: the role of difficulty and light
Vera Araujo Soares

14:30 Daily affect regulation in patients with fibromyalgia
Claus Vögele

14:45 Effects of inhibitory control training on pain sensitivity
Judy Veldhuijzen

15:00 Attention bias modification and its impact on experimental pain and task performance
Dimitri Van Ryckeghem

15:15 Discussion
Geert Crombez

**Symposium: Automatic and voluntary processes influencing eating behaviour**
Chair: Giorgia Zamariola
Room: Aula F

14:00 Social exclusion and visual memory bias towards high-calorie food: the role of interoceptive accuracy
Giorgia Zamariola
14:15 Comparing determinants of vegetable consumption rich in Inulin-type fructans of a student and representative sample
Valérie Broers

14:30 Promoting the consumption of fresh products: can nutrition claims help?
Maria Mulders

14:45 Promoting healthy food choices among (aware) customers
David Marchiori

15:00 Discussion
Simone Dohle

15:15 Group activity / general discussion
Stephan van den Boucke

Health and work – Psychosocial factors, technology and training
Chair: Annalisa Casini
Room: Aula G

14:00 How many calories do nurses burn at work? A real-time study of nurses’ energy expenditure
Julia Allan

14:15 Daily intense technology use after work: does it help with psychological recovery?
Cristina Quinones

14:30 Exposure to psychosocial risk factors and consequences for elderly home care and support workers’ health
Annalisa Casini

14:45 The use of psychological training in stress management intervention for extractive sector employees
Dorota Molek-Winiarska

15:00 Burnout among Hungarian teachers: its association with life satisfaction and psychosomatic health
Mária Mihálka

Psychobiological mechanisms in physical and psychological health
Chair: Daniel Powell
Room: Aula I

14:00 Youth stress and depression effect early markers for Type 2 diabetes: LOOK longitudinal study
Lisa Olive

14:15 Does early life adversity affect mental health and social cognition via an inflammatory response
Gary Donohoe

14:30 Childhood trauma, cortisol reactivity to stress and resting cortisol in suicide attempters and ideators
Daryl O’Connor

14:45 Post-event rumination and impaired cortisol recovery following social-evaluative stressors in social anxiety
Shunta Maeda

15:00 The still under-appreciated role of cognitive neuropsychology in the diagnosis of progressive multifocal leukoencephalopathy
Cristina Scarpazza

15:15 Blood pressure-related hypoalgesia: insights from heart-brain pathways
Cristina Ottaviani

15:30 - 17:00 Interactive posters & coffee

mHealth, mood, stress and wellbeing
Chair: Katrin Ziesemer

Do daily fluctuations in inhibitory control predict alcohol consumption? An ecological momentary assessment study
Andrew Jones

Usability and acceptability of a smartphone-based ecological momentary assessment to capture relationship communication
Shelby Langer
‘Missing events’ in a mobile event-based dietary assessment
Katrin Ziesemer

The behavioural signature of snacking – a visual analysis
Deborah R. Wahl

Perception of demand and control, effort and reward, of daily tasks, in hospital ward nurses
Fermin Martinez-Zaragoza

Mood and stress: how physical and social-evaluative stressors impact emotional inertia
Eva-Maria Rathner

Severely impaired individuals do not need to be excluded from preventative internet-based stress management
Kiona Weisel

Social media and online support
Chair: Efrat Neter

Life on the internet and happiness
Sonya Karabeliova

Using social media to generate and collect primary data: the #ShowsWorkplaceCompassion Twitter research campaign
Wendy Clyne

Role of online support groups for parents of adolescents with Type 1 diabetes during transition
Karen Shepherd

Therapeutic affordances within tinnitus online support communities: an analysis of member-generated content in asynchronous forums
Neil Coulson

Stigmatizing attitudes toward suicide: conformity in online chatting room
Soontae An

Risks and resources of internet: the role of virtual sense of community
Daniela Caso

Food porn in social media and eating behaviors
Efrat Neter

Enhancing the independence of older adults with social media and smart home technologies
Dick Whiddett

Individual differences and health promoting behaviors
Chair: Ewa Gruszczyńska

Exploring individual differences in the relationship between adult attachment quality and self-reported health behavior
Jennifer Apolinário-Hagen

Exercise Status moderates the relationship between mindfulness/self-compassion and Body Mass Index
Michail Mantzios

Optimism bias and dispositional optimism: implications for health and behavioural change
Dario Baretta

The benefits of positivity in sustaining psychophysical health in a sample of unemployed workers
Cristiano Violani

The predictors of self-care for health among parents with small children
Paulina Rosińska

Effects of self-efficacy and positive feedback on positive emotion and task performance
Yuka Hojo

Stress and coping in youth and adolescence
Chair: Sahdia Parveen

Risk and protective factors of music performance anxiety: the role of stress, self-esteem and self-efficacy
Blanka Dobos
Effects of subtypes of reappraisal on positive and negative affect  
Megumi Oikawa

Conduct problems, perceived school difficulties, and peer problems in adolescence: a vulnerability-stress perspective  
Jaana Minkkinen

Effects of listening to computer generated music  
Etsuyo Nishigaki

Exploring the role of gender in internalizing and externalizing behavior among maltreated youth  
Delia Cristescu

Relationship between emotional intelligence and coping styles among young people  
Jordi Fernández Castro

Self-regulation in chronic illness  
Chair: Pamela Rackow

Some novel constructs on quality of life among patients with irritable Bowel syndrome  
cennet yastıbaş

The role of mindfulness and illness perceptions in psychological outcomes in parents of children with diabetes  
Shahah Al-Tammar

Differences in temporal discounting in an online sample of people with chronic pain and controls  
Gail McMillan

Sickle Cell Disease representation as a determinant for patient compliance  
Damien Oudin

Diabetes self-management and self-efficacy in patients in diabetes education and follow up program  
Lada Perković

Beliefs about the illness as predictors of emotional difficulties in cardiovascular patients  
Alessandra Pokrajac-Bulian

Coping and quality of life in long-term conditions  
Psychosocial determinants of health related quality of life in chronic Inflammatory Bowel Disease (IBD)  
Gary Wild

Health-related quality of life in patients receiving Hymenoptera venom allergy therapy  
Francesco Simioni

The experience of living with rheumatoid arthritis: a qualitative meta-synthesis  
Giulia Parenti

The relevance of perceived stress in the quality of life of pulmonary arterial hypertension patients  
Aldo Aguirre-Camacho

The lived experience of women with Hereditary Angioedema (HAE)  
Pippa Adams

Relationship between coping strategies, quality of life and emotional health when living with retinitis pigmentosa  
Gulcan Garip

Psychosocial impact of caregiving in dementia and quality of life: a systematic review and meta-synthesis  
Gulcan Garip

Emotional and cognitive factors in pain and psychosomatic illness  
Chair: Ed Keogh

Ego depletion moderates the relationship between pain-related threat and attentional bias to pain-related stimuli  
Byeongju Jin

Role of rumination on daily adjustment in complex regional pain syndrome: a diary approach  
Taejin Jeong
Affective instability in complex regional pain syndrome: daily relationships with pain severity and functioning
Kyunghee Yu

Attentional bias in breakthrough pain and the moderating effect of gender: a preliminary study
Sujeong Bae

Symptoms, physical activity and mood memories in asthma and chronic fatigue syndrome: mixed methods study
Iana Alexeeva

The relationship between pain catastrophizing and personal happiness in patients with fibromyalgia
Mareile Opwis

Therapeutic approaches and adherence in chronic diseases

Assessing fidelity of delivery of the Community Occupational Therapy in Dementia (COTiD-UK) intervention
Holly Walton

Importance of psychosocial interventions in pulmonary rehabilitation
Latinka Basara

Robot-assisted therapy in chronic stroke patients: a daily diary n-of-1 trial
Walter Bierbauer

Move 2 Health: a partner-assisted physical activity intervention for cancer survivors
Laura Porter

Using motivational and volitional interventions to promote unsupervised walking in women with fibromyalgia
Maria-Angeles Pastor-Mira

Motivated, fit, and strong: changing fitness-fatness associations to increase physical activity in individuals with obesity
Maxine Myre

Interventions for improving adherence in solid organ transplant recipients
Lisa Mellon

Cognition in older adults
Chair: Kristine Sneidere

Is hypertension linked to age-related cognitive decline in executive function? Comparison of different statistics analyses
Takeshi Hatta

Decision aids for older cancer patients: effects of modality and narration style on information recall
Melanie de Looper

Relationships between dispositional optimism and cognitive functions in community-dwelling middle aged and older persons
Akihiko Iwahara

Peculiarities of cardiac rehabilitation patients’ general intelligence
Jurga Misiuniene

Cognitive reserve and cognitive functioning: a pilot study on a Russian sample
Olga Strizhitskaya

Impact of regular aerobic activities on cognitive processes in seniors
Kristine Sneidere

Caring for the elderly
Chair: Nina Knoll

Family caregivers of people with ALS: a qualitative study on two groups of mutual support
Giorgia Rosamaria Gammino

Key group processes to improve health in dementia informal caregiver support groups: a systematic review
Isa Figueira

A social perspective on perceived benefits in familial caring for an older adult
Christina Samios
Developing a mealtime intervention to improve the health and wellbeing of care home residents
Ross Watkins

Exploring residents’ experiences of mealtimes in care homes: a qualitative interview study
Ross Watkins

Social exclusion and well-being in older adults in rural and urban communities
Kevin McKee

Emotional and mental health in the family
Chair: Daniela Muntele Hendres

Student’s cognitive and emotional health and own versus mother’s achievement goal orientation
Daniela Muntele Hendres

Efficacy of cognitive behavior therapy: Increasing self-efficacy, life-expectancy and regulating cognitive emotion among adolescents without caregivers
Amenehsadat Kazemi

Remission of probable depression and associated factors among Hong Kong adolescents—a large-scale longitudinal study
Xue Yang

Group psychotherapy program at the pediatric clinic in clinical medical centre Rijeka (Croatia)
Daniela Vuković

Parental encouragement and punishment and children’s self-esteem and emotional state
Elena Nikolaeva

Adverse childhood experiences among youths with emotional and behavioural problems
Miriama Lackova Rebicova

Parents, children and health
Chair: Ryan Rhodes

From enjoyment to physical activity or from physical activity to enjoyment? Parent-child dyadic associations
Magdalena Kruk

Associations between parental sedentary behavior restriction strategies, screen environment, and body fat tissue among children
Monika Boberska

Promoting parent and child physical activity together: elicitation of potential intervention targets and preferences
Ryan Rhodes

Associations between parental stress and happiness and child’s health behaviors
Reetta Lehto

Parents’ awareness, experience, knowledge and perceptions on cyberbullying within three semi urban districts in Malaysia
Sangeeta Singh

The relationship among family health climate, parents’ physical activity and their 9-10-year-old children inactivity
Brigita Mieziene

Well-being across the life span
Chair: Siobhan O’Neill

Quality of life related to health in institutionalized adolescents
Ana Gonçalves

Objective health versus self-perceived health in Irish adolescents
Siobhan O’Neill

Cancer, quality of life and depression symptoms: the process of creativity
Lionel Delpech

Everyday affect, symptoms and well-being in postmenopause: preliminary findings
Liz Simpson
Mobile intra-EU vs. outside-EU vs. non-mobile postgraduates’ life satisfaction between mental health and career attitudes
Michèle Baumann

Mode of delivery and postpartum positive dimensions of well-being
Laura Giuntoli

**Cognitions and eating behaviors**
Chair: Varda Soskolne

Healthy snacks consumption and the Theory of Planned Behaviour. The role of anticipated regret
Luigina Canova

Physical activity and healthy eating – relationships, cognitive transfer, and gender differences
Eliza Ivanova

Diet behavior in patients with diabetes in accordance with integrated model of SDT and TPB
Liuda Sinkariova

Assessing staff supported self-management beliefs in a health board using the theory of planned behaviour
Niall Anderson

Implicit modulation of food cravings via facial feedback in emotional eaters
Jennifer Schmidt

Overweight stereotype threat: how overweight self-perception may impact women’s capacity to select low-calorie food
Laureâne Houtin

Boredom proneness and rumination interactively mediate the effect of negative urgency on emotional eating
Mareile Opwis

**Changing physical activity and smoking behavior**
Chair: Schmid Holger

The yoga quick fix - effects of a two-week online-intervention on health-related outcomes
Jane Hergert

Behaviour change interventions associated with exercise adherence in patients with persistent musculoskeletal pain: systematic review
Laura Meade

Promoting physical activity in Rheumatoid Arthritis: developing a theory-based behaviour change intervention
Louise Larkin

Feedback on post-exercise affect to promote subsequent physical activity: a systematic review
Laura Lamming

Changes in autonomy over tobacco and nicotine dependence after implementation of ASPIRA smoking prevention program
Monika Csibi

**Sexuality, lifestyle and health**

Identifying psycho-social determinants and environmental conditions related to alcohol consumption during pregnancy
Sylvia Roozen

Do ‘sexual consent workshops’ work? A randomised control investigation
Padraig MacNeela

STIS and HIV in Ireland: developing a national second generation surveillance system
Caroline Kelleher

Sexual risk taking under informal PrEP users
Mart Van Dijk

Health behaviors, lifestyle and gender in Brazilian adults
Ana Luisa Patrão

University students’ health representations: new definitions and challenges for the future
Fabienne Fasseur
Risk and health communication  
Chair: Angelos Kassianos

The role of genetic counselling for colorectal cancer in improving emotional, cognitive, and behavioural outcomes  
Andrada Ciucă

Patient ratings of physicians: how meaningful are they?  
Judith Rhue

Women’s experiences of polycystic ovary syndrome diagnosis and treatment in Mexico: information delivery and communication  
Samantha van Beurden

Health professionals’ views about direct-to-consumer advertising of prescription medicines as a health communication approach  
James Green

Information-seeking about diet and physical activity during a first pregnancy: an interpretative phenomenological analysis  
Lou Atkinson

An authority distribution: when decisions are made by patient and when for patient?  
Evgeny Taratukhin

Physicians’ empathy for patients with chronic disease and patient perceptions  
Kalliopi Tsatsalidi

Pregnancy and childbirth expectations: an exploratory content analysis  
Rute Brites

Migration and cross-cultural health  
Chair: Antonia Lyons

Economic situation and intentions to leave home country: mediation effects of rootedness and normative beliefs  
Ondrej Kalina

“Who will hire me now?”: Views on reemployment in aging immigrants  
Catrinel Craciun

Caregivers’ perceptions of the functions of child health surveillance services: exploring (different) patterns of representations  
Susana Mourão

Drinking motives and problematic alcohol use among Chinese and Filipino university students  
Anise Wu

Translation and validation of the Fear of Dental Pain (short-form) Questionnaire in China  
Heather Buchanan

Association of health literacy with self-rated health and health-related quality of life in Slovak adults  
Peter Kolarčík

Mental health, social connectedness and quality of life according to emigration intention among graduate students  
Josipa Erdesi

Cardiovascular health and wellbeing  
Chair: Cristina Ottaviani

Autonomic reactivity to psychosocial stress in individuals with problematic Internet use  
Tania Moretta

The influence of the educational load on the student’s cardio rhythm variability  
Svetlana Kotova

Preliminary evidence on the link between metacognitive symptoms and altered autonomic activity in Anorexia Nervosa  
Barbara Penolazzi
Predicting severity of coronary artery disease based on psychological distress
Mohammadreza Seirafi

Testing EPPM propositions among an at-risk population for cardiovascular disease: a think aloud study
Sinead Moylett

**Questionnaire development**

Sensitivity to change of the distress thermometer in a sample of pediatric cancer survivors
Serge Sultan

The Portuguese version of Nijmegen Gender Awareness in Medicine Scale: adaptation and validation study
Rita Morais

Psychometric assessment of the “child surgery worries questionnaire” among Portuguese children
Sara Fernandes

Validation of a Chinese version of the Internet Gaming Disorder-20 Test
Shu Yu

A French validation of the Childbirth PostTraumatic Event Scale (CPTES)
Nawel Hannachi

Are your questionnaires good enough? Reassessing scale validity, reliability and generating population norms using meta-analysis
Nicholas Stenning

**Health psychology approaches to implementation research**

Chair: Andrea Patey

Evaluating the implementation of a multidisciplinary lifestyle-enhancing treatment for severe mentally ill inpatients (MULTI-study)
Jeroen Deenik

Are current audit and feedback interventions to change UK blood transfusion practice theory- and evidence-based?
Fabiana Lorencatto

Web-based planning intervention to improve the uptake of diabetes UK information prescriptions in clinicians
Sebastian Potthoff

Shifting healthcare of premature children from a paternalistic to a family-centered-care approach
Véronique Thébaud

The evaluation of two public health integrated care services in Coventry
Gemma Pearce

Exploring factors influencing public health commissioners and service providers application of behavioural science research
Katherine Brown

17:00 - 18:00 **Keynote Lecture**

Healthcare Social Media (#HCSM): A New Approach to Studying and Promoting Health Behavior
*Professor Sherry Pagoto, University of Massachusetts, USA*

Chair: Gerry Molloy

19:30 - 23:00 **Conference dinner**
Friday, 01 Sep

9:00 - 10:30 Parallel sessions

**Determinants of wellbeing**  
Chair: Ann Ojala  
Room: Aula A

- 9:00 The positive effects of character strengths on the well-being of medical students over time  
  *Melanie Hausler*

- 9:15 The role of relationship with nature and outdoor recreation on people’s health and wellbeing  
  *Ann Ojala*

- 9:30 Museums on prescription: a social prescribing intervention for isolated older adults  
  *Paul M. Camic*

- 9:45 Health literacy, epistemic beliefs about medicine, and quality of life in German university students  
  *Anne-K. Mayer*

- 10:00 Sleep disruption in adulthood: the effects of technology use on quality and duration  
  *Siobhan O’Neill*

- 10:15 Developmental changes in resilience and life satisfaction during early adolescence  
  *Maria Bacikova-Sleskova*

**Predicting behavior and health**  
Chair: James Green  
Room: Aula B

- 9:00 Smoking behaviour, wrong beliefs and smoking risks perception in Portuguese adolescents  
  *Paulo Vitória*

- 9:15 Positive, but not negative, emotions prior to donation predict first-time whole blood donor return  
  *Anne van Dongen*

- 9:30 Branded and generic medicines: does pharmacy education change preferences?  
  *James Green*

- 9:45 A new psychological perspective on the relation between socioeconomic status and health  
  *Sarah Elbert*

- 10:00 Effects of self-affirming messages on smokers’ responses to health warnings  
  *Loes Kessels*

- 10:15 Frightfully funny: combining threat and humour in health messages for men and women  
  *Loes Janssen*

**Symposium: Attitudes towards, efficacy, cost-effectiveness and moderators of internet-and-mobile-based interventions for promoting mental well-being**  
Chair: David Daniel Ebert  
Room: Aula C

- 9:00 Activity: Presentation of different internet-and mobile based interventions for mental health promotion  
  *Anna-Carlotta Zarski*

- 9:15 Effectiveness of a web-based intervention in treating subthreshold depression and in preventing major depression  
  *Claudia Buntrock*

- 9:30 Effect modifiers of internet-based stress-management. Results from three randomized trials  
  *Kiona Weisel*
9:45  Acceptance of internet- and mobile-based mental health promotion in university students  
Fanny Kählke

10:00  Cost-effectiveness of an internet-based guided recovery training for better sleep and psychological detachment from work  
David Daniel Ebert

10:15  Discussion  
David Daniel Ebert

Symposium: Confusion, Blues but Marchin’ on: what is the state of Cognitive Bias Modification in addiction?  
Chair: Oulmann Zerhouni, Marilisa Boffo  
Room: Aula C

9:00  This but a scratch! Comparing frequentist and Bayesian meta-analysis on CBM on addictive behaviours  
Ruben van Beek

9:15  Effect of evaluative conditioning on implicit and explicit attitudes toward alcohol and intentions to drink  
Oulmann Zerhouni

9:30  Randomized controlled trial of inhibitory control training for alcohol use disorders  
Andrew Jones

9:45  Cognitive Bias Modification targeting the cannabis and alcohol consumption of youth in juvenile detention centers  
Hans van der Baan

10:00  Online cognitive bias modification and motivational interviewing in Chinese smokers: a single-case experimental study  
Si Wen

10:15  Discussion  
Reinout W. Wiers

Symposium: Social exchange processes and health behavior: new findings from innovative studies  
Chair: Pamela Rackow  
Room: Aula D

9:00  A dyadic process perspective for social interactions: social support and companionship in couples  
Gertraud (Turu) Stadler

9:15  Parental and child perceptions of environment on physical activity and BMI: Longitudinal dyadic study  
Karolina Horodyska

9:30  Helped by your friend and controlled by your partner? Social exchange processes and exercise  
Pamela Rackow

9:45  How friends in college influence students’ alcohol consumption: a social network perspective  
Helge Giese

10:00  Can digital support groups promote healthy eating? A randomized trial in daily life  
Jennifer Inauen

10:15  Discussion  
Urte Scholz

Intentions and behaviour  
Chair: Mark Conner  
Room: Aula F

9:00  Effects of high treatability information on preventative intention of bowel cancer  
Yingqiu Wu

9:15  The role of degree of intention formation in the relationships between intentions, habits and behaviour  
Mark Conner

9:30  Combining factors in predicting behavioural clusters: a connectionist approach  
Gabriel Nudelman
9:45 Integrating intention and self-control variables to better predict health behaviors
   Cyril Forestier

10:00 Executive functions, self-report self-control and the intention-behaviour relationship
   Ines Pfeffer

10:15 Reviving the conceptual intricacies of the intention construct in health research: recommendations and future directions
   Ryan Rhodes

**Individual differences, health behaviors and self-regulation**
Chair: Noa Vilchinsky Bar-Ilan
Room: Aula G

9:00 Can childhood self-control compensate for the health impact of social disadvantage? Results from two cohorts
   Michael Daly

9:15 Do people with food intolerance share characteristics with those with food allergy? A new approach
   Professor Maryanne Martin

9:30 Self-compassion, age-related stressors, and cortisol secretion in older adulthood
   Heather Herriot

9:45 Low frustration tolerance and sleep quality: negative associations found in four independent studies
   Talma Kushnir

10:00 Body image and breastfeeding maintenance – a comparison of obese and healthy weight postnatal women
   Vivien Swanson

10:15 Emotion regulation, psychological capital and altruism in patients with cardiovascular disease: a case-control study
   Hedieh Majidi Tehrani

**Multimethod assessment of emotional and cognitive factors in pain and fatigue**
Chair: Frank Doyle
Room: Aula I

9:00 Network analysis of depressive symptoms and vital exhaustion in patients with acute coronary syndrome
   Frank Doyle

9:15 Emotional processing as mediator of positive/negative affect on social adjustment in Irritable Bowel Syndrome (IBS)
   Alice Sibelli

9:30 Identification with illness in patients with Irritable Bowel Syndrome and its relationship with somatic symptoms
   Iana Alexeeva

9:45 A qualitative exploration of fatigue in End-Stage Kidney Disease (ESKD)
   Federica Picariello

10:00 Time-course of attentional bias for pain-related information: the role of pain catastrophizing
   Jieun Lee

10:15 The association between fatigue and self-esteem in patients with rheumatoid arthritis
   Alexandra Husivargova

10:30 - 11:00 Coffee break

11:00 - 12:30 Parallel sessions

**Resilience and adaptation in coping with stressful life experiences**
Chair: Paula Repetto
Room: Aula A

11:00 Can the experience of hope increase the propensity to cope actively in a stressful situation?
   Monika Maria Malkiewicz

11:15 The ways of coping: does it lead to post traumatic growth?
   Khatuna Martskivishvili
11:30 Flexible coping and the relationship between secondary stressors associated with a earthquake/tsunami and PTSD  
Paula Repetto

11:45 Religious coping strategies as a way to cope with stillbirth  
Nelly Goutaudier

12:00 Healthcare practitioners' experiences and relationship issues in the neonatal intensive care unit context  
Magdalini Dargentas

12:15 The role of obligation, willingness and preparedness for caregiving when supporting a relative with dementia  
Sahdia Parveen

**Testing theories of health behavior change**  
Chair: Ralf Schwarzer  
Room: Aula B

11:00 Mechanisms of Health Behaviour Change with dental hygiene as an example  
Ralf Schwarzer

11:15 Using theory-based messages and implementation intentions to reduce binge drinking in new university students  
Paul Norman

11:30 Self-efficacy for quitting vs. temporary abstinence: two aspects of the complex smoking process  
Ineke Keizer

11:45 Evidence that implementation intentions support self-regulatory effort and improve adolescent sleep  
Christopher Armitage

12:00 Comparing the effects of self-affirmation and positive affect on reactions to a health message  
Philine Harris

12:15 Does self-efficacy information improve the effects of pictorial fear labels on cigarette packages: real-life experiment  
Bas van den Putte

**Innovative approaches to user acceptance and engagement in mHealth**  
Chair: Arie Dijkstra  
Room: Aula C

11:00 User centered design methods to promote acceptance, comprehension and utility of eHealth  
Pepijn van Empelen

11:15 Studying the learning model of smartphone feedback applications: the case of the step counter  
Arie Dijkstra

11:30 Valuable steps ahead? Engagement and satisfaction with a wearable activity tracker matter for successful self-regulation  
Lena Fleig *(Early Career Award winner)*

11:45 Review of electronic adherence monitoring devices in chronic disease – effect on adherence and outcomes  
Amy Chan

12:00 Adolescents engagement with an Internet- and mobile phone-based smoking cessation program  
Raquel Paz Castro

12:15 Implementation and evaluation of an Interactive-Voice-Response intervention to support medication adherence. A pilot study  
Katerina Kassavou

**Physical and cognitive function in later life**  
Chair: Samuel Nyman  
Room: Aula D

11:00 Social asymmetry and physical health outcomes: results from the Irish longitudinal study on ageing  
Joanna McHugh Power

11:15 Longitudinal psychosocial predictors of cognitive function in old adults  
Damir Lucanin
11:30 What influences quality of life in people with memory complaints?
Anaick Besozzi

11:45 Metacognitive beliefs affect sleep quality in older adults
Nicola Cellini

12:00 Systematic review of behaviour change techniques used to increase physical activity among people with dementia
Samuel Nyman

12:15 Acceptability of a tai chi intervention for people living with dementia and their informal carers
Yolanda Barrado-Martín

Symposium: A biopsychosocial view on eating behavior
Chair: Gudrun Sproesser
Room: Aula E

11:00 Genetic predisposition to obesity, restrained eating and changes in body weight over adulthood
Hanna Konttinen

11:15 The positive eating scale: relationship with objective health parameters and validity in three countries
Gudrun Sproesser

11:30 Why are you eating, mom? Mothers’ emotional, restrained, and external eating explaining children’s eating styles
Aleksandra Luszczynska

11:45 Involving children in meal planning and preparation: dyadic effects on liking and consumption of vegetables
Theda Radtke

12:00 Reactance to persuasive health messages as a function of message framing and message source
Marijn Stok

12:15 Discussion
Gudrun Sproesser

Symposium: Beyond the qual/quant divide: doing rigorous and innovative qualitative research in health psychology
Chair: Maria Del Rio Carral
Room: Aula F

11:00 What story should we tell? Issues of representation in quantitative and qualitative health psychology research
Chamberlain, Kerry

11:15 Challenging beliefs in qualitative health psychology: how can interpretation be integrated in the research process?
Maria del Rio Carral

11:30 Innovative way of analysing qualitative data: the combined use of lexicometric and thematic analyses
Angélick Schweizer

11:45 Methodological flexibility in Health Psychology
Antonia Lyons

12:00 Discussion
Olivier Luminet

Roundtable: Health psychology: is it part of behavioral medicine and big-data medical research?
Chair: Sven Ingmar Andersson, Anne Marie Plass
Room: Aula G

11:00 Introduction
Sven Ingmar Andersson

11:12 Input
Ewa Gruszczynska

11:24 Input
Angelos Kassianos
Training and supporting health care professionals
Chair: Daryl O'Connor
Room: Aula I

Understanding barriers to collaboration between parents and healthcare professionals in the care of premature children
Véronique Thébaud

Workplace factors influencing General Practitioner wellbeing, potential coping strategies, and consequences for patient care
Louise Hall

Does mindfulness meditation have the potential to reduce stress and burnout in NHS General Practitioners?
Kate Hamilton-West

Treatment innovation for Medically Unexplained Symptoms: developing clinical competence, a case study
Claire Willis

Navigating the ‘MAP’ of behaviour change: developing effective training for health professionals working in diabetes
Wendy Maltinsky

(De)humanization and health care: an integrative review
Eva Diniz

Break session

EHPS national delegates meeting

Parallel sessions

Adherence to treatment and self-management
Chair: Falko Sniehotta
Room: Aula A

Modes of adjustment and adherence with photoprotection: a qualitative study of Xeroderma Pigmentosum patients
Myfanwy Morgan

Using n-of-1 methods to understand a complex behaviour: photoprotection in patients with xeroderma pigmentosum
Kirby Sainsbury

Long-term adherence to inhaled corticosteroids: does it make a difference for asthma control?
Alexandra Dima

A grounded theory of HCV treatment adherence among people who inject drugs
Maeva Butler

Treatments continue to improve but adjustment challenges remain: self-management and wellbeing in people with HIV
John de Wit

It helps to be connected: association between HIV self-management and measures of social support
Kasia Banas

Interventions to change physical activity
Chair: Nelli Hankonen
Room: Aula B

Movement as medicine for CVD prevention: piloting two behaviour change interventions delivered in primary care
Keegan Knittle
14:15 Exploring the interplay between message format, personal-relevance & need for cognition on physical activity message processing  
Camille Short

14:30 Applying motivational, self-regulatory and habit-formation techniques in a computer-tailored physical activity intervention in healthcare professionals  
Dominika Kwasnicka

14:45 Process evaluation of the Let's Move It intervention: protocol and results on implementation fidelity  
Nelli Hankonen

15:00 Barrier-belief lifestyle counseling in primary care: a randomized controlled trial of efficacy  
Adrie Bouma

15:15 Health behavior changes in Latino US-Mexico border residing adults participating in chronic disease preventive interventions  
Scott Carvajal

Social change and health  
Chair: Benjamin Schuez  
Room: Aula C

14:00 Socioeconomic status and health behaviour self-regulation: moderating effects in social-cognitive theories  
Benjamin Schuez

14:15 Incorporating photographic data in health psychology research: the LGBT persons living with MS study  
Periklis Papaloukas

14:30 What does cancer screening mean to women from deprived neighbourhoods  
Lauren Gatting

14:45 Behaviours of young mothers from areas of deprivation; implications for health promotion and cancer prevention  
Lucy Hackshaw-McGeagh

15:00 The health effects of the global financial crisis  
Roberto De Vogli

15:15 “You can’t walk around with Photoshop on your face”: experiences of acne and contemporary media  
Kate Adkins

Symposium: Pain as a social phenomenon: state-of-the art and new research trends  
Chair: Liesbet Goubert  
Room: Aula D

14:00 Exploring sex differences in pain expression communication  
Edmund Keogh

14:15 Beyond solicitousness: a scoping review on informal pain-related social support  
Sónia Bernardes

14:30 Help provision within couples faced with chronic pain: a motivational approach  
Liesbet Goubert

14:45 The role of parental versus partner support in how young females cope with menstrual pain  
Line Caes

15:00 Parental psychological flexibility, catastrophizing, and parents’ goals regarding their child in pain: a diary study  
Cynthia Van Gampelaere

15:15 Discussion & interaction with the audience  
Sónia Bernardes

Cognitive behavioral intervention in chronic disease  
Chair: Robbert Sanderman  
Room: Aula E

14:00 Which exercise or behavioral interventions are most effective for treating fatigue in multiple sclerosis?  
Rona Moss-Morris
14:45  “I see myself as a little warrior”: patient perceptions of online-CBT for distress in haemodialysis  
Joanna Hudson

15:00  Self-construing during body psychotherapy for chronic depression – a secondary analysis of RCT trial data  
Clelia Malighetti

15:15  A skeptical look at mindfulness-based training for physical health problems  
James Coyne

**Relationships and psychological issues around pregnancy and child birth**

Chair: Wim Nieuwenboom  
Room: Aula F

14:00  Psychological developmental benefits for children of mothers taking folic acid supplementation throughout pregnancy  
Anthony Cassidy

14:15  Psychopathological symptoms in low risk pregnancies and obstetrical outcomes  
Ana Camarneiro

14:30  Testing Dyadic Coping, Marital Adjustment and Anxiety as moderators of Fathers Pre-Natal Attachment  
Rute Brites

14:45  Strengthening the building of realistic expectations: first time fathers with realistic expectations have happy wives  
Wim Nieuwenboom

15:00  PTSD after childbirth and mother-infant bonding on French / Tunisian samples  
Nawel Hannachi

15:15  Stress experienced by parents in the neonatal intensive care units  
Mirna Kostović Srzentić

**Roundtable: Behaviour change: investigating mechanisms of action**

Chair: Susan Michie, Rachel Carey  
Room: Aula G

14:00  Welcome and opening remarks  
Susan Michie, Rachel Carey

14:05  Overviews and discussion  
Susan Michie, Jennifer Sumner

14:25  Progress updates and discussion  
Jennifer Sumner, Rachel Carey

14:45  Synergies, collaborations and discussion  
Marie Johnston

15:00  General discussion

15:25  Summing up and next steps

**Risk and health communication**

Chair: Ciska Hoving  
Room: Aula I

14:00  Avian Influenza 2006 and 2016: are there differences in risk perception and intention?  
Nadine Lages

14:15  Usability, acceptability and effect of a comprehensive preconception care intervention targeting low SES women  
Hilde van Keulen

14:30  Identifying clusters in practice nurses’ adherence to smoking cessation counselling guidelines  
Ciska Hoving

14:45  Do demographic characteristics moderate differences in don’t know responding between cognitive and affective risk questions?  
Eva Janssen
15:00  Perceived risk, self-efficacy and outcome beliefs as predictors of physical activity and BMI: 5-year follow-up  
Marleena Vornanen

15:30 - 17:00  Interactive posters & coffee

**Acceptance and adoption of mHealth**
Chair: Eline Smit

User acceptance of Electronic Health Records: the relationship between comfort levels and consent  
Dick Whiddett

Psychosocial correlates of weight loss in an eHealth intervention among Type 2 diabetes mellitus patients  
Kathleen Ryan

Identifying autonomy-supportive message frames in online health communication  
Eline Smit *(Early Career Award winner)*

Does smoker profile determine adoption of a decision aid to improve evidence-based Cessation support uptake?  
Ciska Hoving

How well does within-individual variation in self-efficacy beliefs predict smoking behaviour?  
Stuart G. Ferguson

Use and appreciation of a tailored counselling intervention for practice nurses: a multi-method process evaluation  
Dennis de Ruijter

**Individual differences and mental health**
Chair: Talma Kushnir

Self-insight and depressive symptoms: the causal relationship between them  
Miho Nakajima

Individual differences in psychiatric rehabilitation success, depending on mood state at the time of admission  
Laura Antonia Lehner

Suicidality and self-rated health among outpatients with depression and schizophrenia  
Nijole Gostautaite Midttun

Time perspective and anxiety in adult with major depressive disorder  
Héline Kaya Lefèvre

Types of adults with different levels of social anxiety and conflict behavior  
Galina Kozhukhar

Are tattoos (l)inked to positive body image and affective personality traits?  
Anastasia Benarbia

Adverse childhood experiences and early-adult somatization: the role of romantic attachment in a female group  
Chiara Sacchi

**Individual differences in special health-related conditions**

Psychological characteristics of the patients of rhinoplasty surgery  
Miklos Biro

Relationships between quality of life and intellectual or emotional abilities depending on brain tumor localization  
Olga Razumnikova

Links between ischemic heart disease patient’s personality traits and intelligence  
Jurga Misiuniene

Mindfulness and virus: the negative association between mindfulness and hepatitis b virus concentration  
Pufan Huang

Associations of lifetime trauma exposure and bariatric surgery outcomes in adults with obesity  
Alexis Ruffault
Does growing up with a chronically ill and/or disabled sibling affect one’s personality?

Melanie Jagla

Severe forms of stress
Chair: Magnus Elfström

Pre-rehabilitation beliefs and appraisals predict post discharge dependent coping strategy and functional independence in SCI

Magnus Elfström

Research on the relationship between anxiety, stress and binge eating

Violeta Rotarescu

The anxiety course during predictive genetic testing protocol for HBOC or HNPCC in pre-symptomatic persons

Carole Fantini

Posttraumatic stress symptoms in parents of sick neonates

Ana Bogdanic

Attributed shame and negative attitudes towards STI-testers: a threat management perspective

Stefan Gruijters

Self-regulation in health promotion and disease prevention
Chair: Theda Radtke

Motivational and environmental contributors to incidental physical activity

Stacey Oliver

Breast cancer prevention: what women think about the illness, its risks and self-care

Elisa Kern de Castro

Impact of negative mood on health goals’ perception

Ekaterina Plys

Determinants of (re)lapse in physical activity and dietary behaviors: a systematic review on prospective studies

Eline Roordink

An affect phobia model explains emotional eating in obese people attending a weight management clinic

Jonathan Egan

Adherence to treatment and self-management
Chair: Paula Repetto

Adherence to antiretroviral medication in Romanian HIV patients: is it about taking or timing?

Ana-Maria Schweitzer

Do adolescents with diabetes mellitus type 1 perceive barriers to active participation?

Daniela Husarova

The health engagement of patients with Systemic Lupus Erythematosus

Davide Mazzoni

Evacuation and medication use: are people prepared to evacuate with their meds?

Paula Repetto

Carrying on living: the challenges of type 1 diabetes for young adults

Jörg Huber

Psycho-oncology
Chair: Mariët Hagedoorn

Psychometric properties of the Persian version of Brief Religious Coping Scale in breast cancer patients

Zahra Masoodian

Fear of recurrence in women with cancer

Marina Westerkamp

A mixed methods investigation of the experience of being diagnosed with a brain tumour

Anna Trejnowska
Positive changes in the aftermath of cancer experience
Magda Oliveira

Well-being at work of couples facing return-to-work after cancer: resources and reciprocal adjustment
Marie Saramago

Factors contributing to functional outcomes in pain and psychosomatic illness
Chair: Line Caes

When and why pain-related social support for functional dependence leads to older adults’ pain-related disability
Sónia Bernardes

Posttraumatic growth and acceptance: two different pathways to cope with chronic pain?
Raphaël Ayache

Psychosocial factors associated with pain in patients treated by haemodialysis: a 2-month follow-up protocol
Christel Vioulac

Beliefs about walking in fibromyalgia: the role of distress, fear of movement, pain and disability
Sofía López-Roig

‘A triangulated double-blinded, prospective, cohort study on patients’ perceptions of pain following forefoot surgery’
Lorelle Dismore

Interventions in Health psychology
Chair: Andrew Thompson

An investigation of reconstruing in Existential Experimentation therapy with people suffering from anxiety and depression
Francesca Venturi

A communication training for persons with rheumatic and musculoskeletal diseases – a formative evaluation
Andrea C. Schöpf

Innovations in providing psychosocial support to people living with conditions affecting appearance
Andrew Thompson

Relapse prevention, attachment and equine-assisted psychotherapy
Charlène Hilbert

A supportive care « art-therapy » assessment in oncology
Marie Lelievre

Social and familial support in times of severe illness
Chair: Anita De-Longis

Experience of distress and growth in family caregivers of oncological palliative care patients
Susana Moutinho

The impact of glioblastoma on patient’s affective, cognitive, social skills and caregiver’s quality of life
Charlotte Dassonneville

Post-stroke care after medical rehabilitation from the perspective of patients, their relatives and clinical experts
Isabelle Hempler

Patients’ and their relatives’ experience of Chronic Inflammatory Arthritis: a perspective for Therapeutic Patient Education
Christel Vioulac

Well-being in couples undergoing infertility treatment: the impact of support exchange
Aleksandra Kroemeke

What is the role of relatives in treatment choice of patients with advanced chronic kidney-disease?
Lucile Montalescot

School-based factors and interventions in health
Chair: Guillermo Julian Gonzalez-Perez
Family and school factors associated to favourable attitudes toward firearms in Mexican adolescents
Guillermo Julian Gonzalez-Perez

Effects of the introductory coaching workshop for preschool teachers
Kazuyo Mori

Flexibility is better predictor of academic performance than endurance capacity in Japanese children
Koji Yamatsu

Factors associated with dating violence in high school students from Guadalajara, Mexico
Maria Guadalupe Vega-Lopez

Self-control, parental monitoring and risky behavior among Slovak pupils
Marcela Štefaňáková

Determinants of well-being

Dose-response relationship between physical activity and health-related quality of life in cardiac patients
Alexandra Huber

Health and cognitive determinants of subjective quality of life
Josipa Erdeši

Illusory beliefs about health and well-being, what relationship?
Vincenza Capone

Relation among character strengths, positive empathy, and subjective happiness
Ryûji Oguni

Life-satisfaction as a mediator of the relationships between perception of economic threat and emigration intention
Marta Kulanová

The reciprocal relationships between satisfaction of basic psychological need and adolescents’ subjective well-being
Renata Gärckija

Time perspective and the satisfaction with life of Polish and Spanish students
A Trzcieniecka-Green

Associations between benefit finding and quality of life after hematopoietic stem cell transplantation
Lisa Gudenkauf

Innovative concepts in health psychology
Chair: Aleksandra Luszczynska

Cultural adaptation to promote and maintain healthy lifestyle
Tammy Sagiv-Schifter

Getting closer to your future to change the present: results from a year-long longitudinal study
Boris Brandhorst

What drives patient behavior change in perioperative interventions?: a systematic review of mechanisms of prehabilitation
Anne Haase

An examination of STI testing influences for young people in primary care
Liam Robson

Perceived posttraumatic growth after spinal cord injury: actual or illusory?
Simon Kunz

Interventions on ingestive behaviors
Chair: Oulmann Zerhouni

Social norms: can we use them to promote healthy eating?
Merije van Rookhuijzen

Moderator factors in diet priming intervention to reduce unhealthy snacking
Shoji Ohtomo

Disentangling motor inhibition from response training effects on unhealthy food choices and desire to eat
João Carvalho
Effects of motor inhibition and response training on food choices and evaluations: a pre-registered study
João Carvalho

Eating themselves to death "Live": the effect of moderate/extreme Anorexia-related messages on young women
Hadar Eliash

Internet-based brief interventions for behavioural change: results of a RCT on risky drinking
Pierluigi Struzzo

Outcomes of a feasibility trial of a resilience-based alcohol education intervention
Richard de Visser

Promoting healthy behavior

Portion size: latest developments and interventions
Ingrid Steenhuis

Does the hospital food environment support healthy snack choices?
Maureen Heddle

The impact of one nudge in a company restaurant on the experienced autonomy of employees
Anastasia Vugts

Tastier, healthier, better - but which? Exploring reasons for bottled and for tap water consumption
Luka Johanna Debbeler

Personal and non-personal influences on smoking habits of Romanian adolescents
Zoltan Abram

Measuring resistance towards health messages
Marieke Fransen

Health care delivery: perspectives of professionals and patients
Chair: Val Morrison

Paediatric epilepsy services from the carer perspective- the contribution of Epilepsy Specialist Nurses (ESNs)
Rebekah Beesley

Self-stigma of seeking help in Lithuanian and US mental health care students and professionals
Aiste Pranckeviciene

Fatigue in patients with End Stage Renal Disease (ESRD): views and experiences of health professionals
Wieke van der Borg

Navigating identity conflicts within private optometry: New Zealand optometrists’ reflections on a transforming industry
Jocelyn Handy

The perceived quality of health promotion partnerships
Luana Valletta

Measures and assessments in occupational health
Chair: Derek Johnston

Socio-Emotional Skills scale to assess the effectiveness of coaching for Japanese workers and university students
Rie Ishikawa

Psychometric properties of the Italian version of teacher self efficacy scale
Renato Pisanti

The perceived stress-at-work scale
Francesco Marcatto

Psychosocial hazards at work and alcohol abuse among Prison Service officers in Poland
Katarzyna Orlak

Post traumatic stress and secondary traumatic stress in nursing professionals: different constructs?
Patricia Dalagasperina
The effects of coaching-based communication skills training for managers
Yoriko Matsuda-Chapman

Psychophysiology of health and behaviour
Chair: Daryl O’Connor

Is decision making in hypoxia affected by pre-acclimatisation? A randomized controlled trial
Martin Kopp

Characteristics of understanding of verbal and nonverbal stimuli by the students with mild mental retardation
Oksana Zashchirinskaia

Psychosocial predictors of Metabolic Syndrome in Chilean adults
Manuel Ortiz

Congruence between physiological and emotional reactivity to stressors of Type A individuals
Aidas Perminas

Occupational and psychological determinants of health-protective behavior: age aspect
Marina Petrash

Occupational factors, coping strategies and perceived stress among professionals with different resistance of nervous reaction
Marina Petrash

Promoting physical exercise

Comparison of physical conditions and lifestyles between adults and the elderly in suburbs of Laos
Ryo Takahashi

Participation in sport programmes for marginalized people: improvements in psychosocial and life domains
Kirsten Verkooijen

Fidelity of a very brief pedometer-based intervention to promote physical activity in preventative health checks
Sally Pears

Verbal and physical aggression in youth football: the role of the social environment
Marieke Fransen

Using the RE-AIM framework to evaluate a public health physical activity intervention in primary care
Sarah Hotham

The effects of the anti-smoking educational program entitled Run for Health
Kamilla Bargiel-Matusiewicz

17:00 - 18:00 Keynote Lecture
Suicide as (health) behaviour: towards a psychological understanding of suicidal behaviour
Professor Rory O’Connor, University of Glasgow, Scotland
Chair: Valerie Morrison
Saturday, 02 Sep

9:00 - 10:30 Parallel sessions

**Contextual influences and interventions around children’s well-being and healthy habits**  
Chair: Laura Belmon  
Room: Aula A

9:00  
Is adolescent’s perceived activity-friendly environment associated with more physical activity and fewer screen-based activities?  
Jaroslava Kopcakova

9:15  
Determinants of children’s sleep behavior: a systematic review of longitudinal studies  
Laura Shanna Belmon

9:30  
Nail-Patella syndrome : impacts of psychological suffering generated by a genetic disease on children development  
Carole Fantini-Hauwel

9:45  
Ecological predictors of health-related quality of life among children from low-income families in South Korea  
Jiyoun Park

10:00  
Evaluation of a community-based, family-focused healthy weights initiative using the RE-AIM framework  
Mary Jung

10:15  
School-based mental health promoting programs enhance neurocognitive skills: examining working memory and mindfulness practice  
Maarit Lassander

**Predictors of adherence and behavioural change**  
Chair: Madelynne Arden  
Room: Aula B

9:00  
Can the theory of planned behaviour help explain follow-up attendance of childhood cancer survivors?  
Julia Baenziger

9:15  
Psychosocial predictors of adherence after bariatric surgery: a 6 month follow-up study  
Jade KY Chan

9:30  
Changing multiple health behaviours prior to major surgery: surgery as a teachable moment  
Suzanne McDonald

9:45  
Understanding nebuliser adherence in adults with Cystic Fibrosis: comparing high, medium and low adherers  
Madelynne A. Arden

10:00  
Differences in vaccination patterns: applying the diffusion of innovation theory  
Ksenia Eritsyan

10:15  
Psychosocial predictors of condom use among Mozambican women at sexual risk  
Ana Luisa Patrão

**Systematic reviews and new approaches: which health behavior change interventions work?**  
Chair: Martin S. Hagger  
Room: Aula C

9:00  
The Human Behaviour Change Project: harnessing computer science to advance behavioural science  
Susan Michie

9:45  
Cochrane review and meta-analysis of trials of action and/or coping planning for health behaviour change  
Justin Presseau
10:00 Imagery interventions in health behaviour: a meta-analysis
Dominic Conroy

10:15 Mental contrasting as a health behaviour change technique: a systematic review and meta-analysis
Ainslea Cross

Symposium: Maximising the value of qualitative methods in the development and evaluation of behaviour change interventions
Chair: Jenny McSharry, Elaine Toomey
Room: Aula D

9:00 Parental experiences and perceptions of infant complementary feeding: a qualitative evidence synthesis
Karen Matvienko-Sikar

9:15 Understanding the intervention context: exploring barriers and facilitators to attendance at diabetes structured education programmes
Jenny McSharry

9:30 Developing intervention content through qualitative research and stakeholder engagement: the D1 Now intervention
Molly Byrne

9:45 Interventions to reduce antibiotic prescribing in general practice: a process evaluation of a randomised-controlled trial
Annegret Schneider

10:00 Activity: Supporting qualitative research in behaviour change interventions - two brains are better than one!
Elaine Toomey

10:15 Discussion
Val Morrison

Symposium: Public health promotion in developing countries: recent findings, challenges, and opportunities for health psychology
Chair: Jennifer Inauen
Room: Aula E

9:00 Hand hygiene compliance during labour and delivery in maternity units in Zanzibar
Giorgia Gon

9:15 The role of social identity in reducing unhealthy sanitation practice: a cluster-randomized trial in Ghana
Miriam Harter

9:30 Promoting effective handwashing: a cluster-randomized controlled trial testing the effectiveness of theory-based interventions
Max Friedrich

9:45 Everything works? Bangladeshi patients’ evaluation of informal medical care quality is independent of treatment quality
Micheál de Barra

10:00 Identifying psychosocial factors to explain Ebola preventive behaviours in Guinea-Bissau
Jurgita Slekiene

10:15 Roundtable discussion
Jennifer Inauen

Symposium: Tailored eHealth methods: innovations and cost-effectiveness
Chair: Hein de Vries
Room: Aula F

9:00 Integrating principles of recommender systems into mHealth for smoking cessation in patients
Santiago Hors-Fraile

9:15 Cultural adaptation and feasibility assessment of a web-based-computer-tailoring programme for binge-drinking prevention in Spanish adolescents
José Manuel Martínez-Montilla

9:30 AcceptME: Evaluation of a digital gamified prevention program based on Acceptance and Commitment Therapy
Maria Karekla
Two tailored eHealth programs for alcohol control
Hein de Vries

Overview and cost-effectiveness of internet-based interventions for smoking cessation in the Netherlands
Kei Long Cheung

Discussion
Aleksandra Luszczynska

Psychological functioning after surgery/transplantation
Chair: Marijke Melles
Room: Aula G

Living with a kidney transplant: a phenomenological study
Oana Petre

Effects of daily coping on mood in couples dealing with hematopoietic stem cell transplantation
Aleksandra Kroemeke

Bipolar disorder, food addiction, and bariatric surgery
Allison Holgerson

Early recovery trajectories after total hip replacement: the role of patient characteristics
Marijke Melles

Psychological functioning in patients referred to in-hospital cardiac rehabilitation after cardiac surgery
Edward Callus

Social support and health
Chair: Ewa Gruszczynska
Room: Aula I

Social support, stress and affect among people with HIV/AIDS: a diary study of buffering hypothesis
Ewa Gruszczynska

The influence of peers on diabetes management in adolescents and emerging adults: a longitudinal study
Koen Raymaekers

Family members of persons with chronic illnesses – Burden and social support
Christine Hofheinz

Self-management goals and response to social support: a qualitative study of patients with Xeroderma Pigmentosum
Jessica Walburn

Decision-making in dementia care from the viewpoint of affected relatives: a qualitative study
Cornelia R. Karger

Which domains of social support better predict quality of life of breast cancer patients?
Tina Jalali

Coffee break

Partner responses to emotional disclosures of pain-related distress: Thinking outside the operant box
Professor Annmarie Cano, Wayne State University, Detroit, USA
Chair: Mariët Hagedoorn

Closing ceremony and introduction of the next conference

Reception

Social programme excursions